

Lunch Menu

Light Options

Grilled Goats Cheese Salad €11.50
beetroot, rocket, cherry tomato, red onion and red pepper salad, toasted hazelnuts and white balsamic dressing 6,7,8b,10,12

Soup of the Day €8.00
served with soda bread 1a,7,9,12

Royal Marine Seafood Chowder €12.00
served with soda bread 1a,1d,2,4,7,9,11,12

Irish Smoked Salmon Plate €13.50
beetroot, crème fraiche & pickled red onions 4,6,7,9,10,11

Chicken Wings €11.00
Choice of sauce, Buffalo or BBQ
blue cheese dip 1a,3,6,7,9,10
Large Wings €16.50

Royal Marine Caesar Salad €11.00
herb croutons, bacon & parmesan cheese 1a,3,4,7,9,10,11
Add Chicken €14.00
Add Tiger Prawn €16.00

Warm Falafel Flatbread €11.50
beetroot hummus, pickled red onion, rocket 1a,11

Mains

Baked Salmon Fillet €24.00
roasted red pepper puree, tenderstem ,saute potato, sauce veirge, 4,6

Hardy's Irish Beef Burger €18.50
baby gem, tomato and red onion, burger sauce, cheddar cheese, served with chips and salad 1a,3,6,7,10
Add Grilled Bacon €21.00

Yellow Thai Coconut and Lemongrass Curry
with basmati rice 2,4,6

Vegetable Curry €18.00
Chicken Curry €20.50
Prawn Curry €24.00

Royal Marine Fish and Chips €19.50
battered haddock, chips, tartar with mushy peas 1a,3,4,6,7,10,12

Leah's Vegan Chick Pea and Sweet Potato Curry €19.00
with basmati rice 6

Hardy's Chicken Burger €19.90
chilli, lime coriander marinade, bay gem, tomato and smoked applewood cheese, garlic aioli, served with chips and salad 1a,3,6,7,10

Desserts

Flavio's Italian Tiramisu 1a,3,7 €8.50

Classic Crème Brûlée 3,7 €8.50

Vanilla Panna Cotta €8.50
crushed meringue, raspberry gel and fresh strawberry 1a,3,7

Maximiliano's Baked Blueberry Cheesecake €8.50
chocolate sauce and fresh cream 1a,3,6,7

Royal Marine Delice €8.50
golden chocolate mousse 1a,3,7

Vegan Chocolate Cheesecake €8.50
chocolate sauce 1a,6

Irish Cheese Plate €15.00
smoked Gubbeen, Bandon Vale, Cashel Blue with chutney and crackers 1a,1d,7,9,11

Allergen Index:

1. Gluten*
2. Crustaceans
3. Eggs
4. Fish
5. Peanuts
6. Soya-beans
7. Milk
8. Nuts*
9. Celery
10. Mustard
11. Sesame Seeds
12. Sulphur Dioxide and Sulphates
13. Lupin
14. Molluscs
- 1a. Wheat
- 1b. Rye
- 1c. Barley
- 1d. Oats
- 8a. Almond
- 8b. Hazelnut
- 8c. Walnut
- 8d. Cashew
- 8e. Pecan
- 8f. Brazil
- 8g. Pistachio
- 8h. Macadamia